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|---|--|---|---|--|
|   |  |   |   | <b>1</b><br><b>Egg &amp; Cheese Slider</b><br><br>Fresh Fruit or Craisins<br>100% Fruit Juice<br>Choice of<br>1% Unflavored Milk<br>Unflavored Skim Milk |
| <b>4</b><br><b>Apple Frudel</b><br><br>Fresh Fruit or Craisins<br>100% Fruit Juice<br>Choice of<br>1% Unflavored Milk<br>Unflavored Skim Milk     | <b>5</b><br><b>Mini Strawberry Bagel</b><br><br>Fresh Fruit or Craisins<br>100% Fruit Juice<br>Choice of<br>1% Unflavored Milk<br>Unflavored Skim Milk             | <b>6</b><br><b>Egg, Cheese &amp; Sausage Slider</b><br><br>Fresh Fruit or Craisins<br>100% Fruit Juice<br>Choice of<br>1% Unflavored Milk<br>Unflavored Skim Milk | <b>7</b><br><b>Breakfast Pizza</b><br><br>Fresh Fruit or Craisins<br>100% Fruit Juice<br>Choice of<br>1% Unflavored Milk<br>Unflavored Skim Milk              | <b>8</b><br><br><b>No School</b>   |
| <b>11</b><br><b>Breakfast Pizza</b><br><br>Fresh Fruit or Craisins<br>100% Fruit Juice<br>Choice of<br>1% Unflavored Milk<br>Unflavored Skim Milk | <b>12</b><br><b>Egg, Cheese &amp; Sausage Slider</b><br><br>Fresh Fruit or Craisins<br>100% Fruit Juice<br>Choice of<br>1% Unflavored Milk<br>Unflavored Skim Milk | <b>13</b><br><b>Breakfast Sandwich</b><br><br>Fresh Fruit or Craisins<br>100% Fruit Juice<br>Choice of<br>1% Unflavored Milk<br>Unflavored Skim Milk              | <b>14</b><br><b>Cinnamon Cream Cheese Bagel</b><br><br>Fresh Fruit or Craisins<br>100% Fruit Juice<br>Choice of<br>1% Unflavored Milk<br>Unflavored Skim Milk | <b>15</b><br><b>Breakfast Pizza</b><br><br>Fresh Fruit or Craisins<br>100% Fruit Juice<br>Choice of<br>1% Unflavored Milk<br>Unflavored Skim Milk        |
| <b>18</b><br><b>Benefit Bar</b><br><br>Fresh Fruit or Craisins<br>100% Fruit Juice<br>Choice of<br>1% Unflavored Milk<br>Unflavored Skim Milk     | <b>19</b><br><b>Country Chicken Biscuit</b><br><br>Fresh Fruit or Craisins<br>100% Fruit Juice<br>Choice of<br>1% Unflavored Milk<br>Unflavored Skim Milk          | <b>20</b><br><b>French Toast</b><br><br>Fresh Fruit or Craisins<br>100% Fruit Juice<br>Choice of<br>1% Unflavored Milk<br>Unflavored Skim Milk                    | <b>21</b><br><b>Cinnamon Cream Cheese Bagel</b><br><br>Fresh Fruit or Craisins<br>100% Fruit Juice<br>Choice of<br>1% Unflavored Milk<br>Unflavored Skim Milk | <b>22</b><br><b>Breakfast Pizza</b><br><br>Fresh Fruit or Craisins<br>100% Fruit Juice<br>Choice of<br>1% Unflavored Milk<br>Unflavored Skim Milk        |
| <b>25</b><br><b>Cinnamon French Toast</b><br><br>Fresh Fruit or Craisins<br>Choice of 1% unflavored Milk or Unflavored Skim Milk                  | <b>26</b><br><b>Pancake Wrap</b><br><br>Fresh Fruit or Craisins<br>100% Fruit Juice<br>Choice of<br>1% Unflavored Milk<br>Unflavored Skim Milk                     | <b>27</b><br><b>Breakfast Pizza</b><br><br>Fresh Fruit or Craisins<br>100% Fruit Juice<br>Choice of<br>1% Unflavored Milk<br>Unflavored Skim Milk                 | <b>28</b><br><b>Country Chicken Biscuit</b><br><br>Fresh Fruit or Craisins<br>100% Fruit Juice<br>Choice of<br>1% Unflavored Milk<br>Unflavored Skim Milk     |  |

**CHALLENGE YOURSELF:**  
**KEEP ACTIVE**  
**+ WALK MORE**  
**+ ALL DAY**  
**= A STRONG & FIT YOU**

**Start your day off right with a healthy, balanced breakfast!**